

Summer Menus

Wobblers, Toddler & Preschool Menus



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Pasta with Roast Vegetable Sauce	Lamb Tikka Masala with White Rice	Salmon & Potato Pie	Apricot Chicken with Brown Rice	Beef Lasagne
TEA	Chicken Noodle Soup	Tuna & Sweetcorn Melts	Minestrone Soup	Leek & lentil soup & brown bread	Cheese Scones
EVENING SNACK	Summer Fruit Brulée	Sliced Banana & Rice Cakes	Apple & Honey Loaf	Fromage Frais	Fruit flapjacks
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Spaghetti Marina	Braised Pork & Mashed Potato	Creamy Chicken Pasta	Beef Korma with Noodles	Summer Risotto
TEA	Chicken, Courgette & Tomato Pizza	Avocado & Tomato Melts	Butternut Squash & Red Pepper Soup	Toasted Tuna Muffins	Blueberry Pancakes
EVENING SNACK	Assorted organic yoghurts	Mixed Fruit Crumble & Custard	Buttered wholemeal scones	Rice cakes with cheese spread	Breadsticks with Avocado & Lime Dip
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Vegetable Tagliatelle	Marinated Lamb with Vegetables	Turkey Bolognese	Chicken, Potato & Sweet corn Pie	Beef & Aubergine Lasagne
TEA	Chicken & Sweetcorn Soup	Tomato & Basil Soup	Chicken & Potato Pancake	Cheese & Red Onion Toasties	Mixed Salad Sandwiches
EVENING SNACK	Sliced banana with pear	Wholegrain crackers with cream cheese	Frozen yoghurt	Wholemeal scones with butter	Fruit flapjacks
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Macaroni Cheese	Beef Stroganoff with Rice	Stir Fried Chicken with Cous Cous	Sweet & Sour Meatballs	Lamb Kofta
TEA	Turkey Sandwiches	Vegetable Soup with Brown Bread	Raspberry Scones	Ham & Cheese Toasties	Fruit Jelly & Ice Cream
EVENING SNACK	Rice cakes with cheese spread	Assorted organic yoghurts	Wholegrain crackers with cream cheese	Breadsticks with Avocado & Lime Dip	Brown bread with ham slices