

Spring Menu

Wobbler Toddler & Preschool



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Creamy Courgette & Cauliflower Pasta	Beef Casserole with Boiled Potatoes	Creamy Chicken & Spinach Risotto	Beef & Sweet Potato Curry	Irish Lamb Stew
TEA	Chicken, & Tomato Toasties	Carrot & Ginger Soup with Brown Bread	Ham, Tomato & Pineapple Pizza Slices	Toasted Tuna & Rocket Sandwiches	Tomato Soup with Garlic Bread
EVENING SNACK	Apple & Banana Slices	Rice Cakes with Creamed Cheese	Organic Yogurts & Orange Slices	Blueberry Flapjacks	Greek Yogurt & Berries
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Salmon & Potato Gratin	Herby Chicken & Spring Vegetable Pasta	Beef, Vegetable & Sweet Potato Stew	Colcannon & Bacon	Chicken & Tarragon Pasta
TEA	Chicken Salad Wholemeal Wraps	Creamy Vegetable Soup with Bread Rolls	Apple & Carrot Muffins	Minestrone Soup	Baked Beans with Mashed Potato Topper
EVENING SNACK	Fruit Puree & Yogurt	Organic Yoghurts	Wholegrain Crackers & Cheese	Carrot & Celery Sticks with Hummous	Avocado Bruschetta
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Tuna Balls & Spaghetti	Lemon & Garlic Chicken with Rice	Beef & Onion Pie	Spaghetti Milanese	Lamb & Potato
TEA	Hot Fruity Scones	Tomato Bread with Ham Slices	Spring Vegetable & Bean Soup with Brown Bread	Cheesy Ham & Tomato Pitas	Avocado & Chicken Toasties
EVENING SNACK	Pear Puree & Yoghurts	Wholegrain Crackers & Cream Cheese	Organic Yoghurts	Green Pepper & Hummous Corn Cakes	Fruity Flapjacks
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
MORNING SNACK	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
DINNER	Butternut Macaroni Cheese	Lamb & Mint with Mashed Potatoes	Spaghetti Bolognese	Chicken & Broccoli Bake	Pork & Apple Casserole
TEA	Chicken & Vegetable Soup	Banana Pancakes	Carrot & Coriander Soup with Brown Bread	Tuna Salad Sandwiches	Vegetable Rissoles with Dips
EVENING SNACK	Rice Cakes & Cheese Spread	Assorted Yogurts	Wholegrain Crackers, Cream Cheese & Tomato	Melon, Yogurt & Raisins	Buttered Soda Bread